

**Dear parents,**

To save your child and you unnecessary waiting time, you can fill out the enclosed **medical history** form at home. Ideally, you should email it back to us in advance.

The **first appointment** is usually mainly about getting to know each other recording the findings assessing and advising on how we can best carry out any treatment that may be required.

We need your support so that the dental examination and, if necessary, the treatment can be a good experience for your child and so that he or she can receive good dental care from us. Therefore, please take the following advice to heart.

- Please do not tell "horror stories" about dental treatments and never threaten to "go to the dentist". Your child will only trust a dentist who presents a positive image.
- Please avoid "*no/not*" sentences such as "You **don't** have to **be afraid** at all, the dentist **won't hurt** you at all." "You **don't** have to look at the **syringe**" activates in your child the idea of **afraid-hurt-syringe!**
- Use - if at all - **positive phrases** such as "The dentist will help you to make your teeth healthy again, to make them look nice...".
- Please do not scold your child before, during or after treatment. Instead, praise him or her for what he or she has done well, even if it was just a tiny detail in an otherwise less than successful treatment session.
- Please do not talk to your child during the treatment. You will make it easier for him to find his way around if you only let us talk to your child.
- Be patient, even if the treatment requires several appointments.
- Remember that your child has a different sense of time than you do.

If you have any questions, we look forward to hearing from you.

Thank you for your understanding.

Your practice team

we give you a smile